



Mission Moroto Trip Orientation

**“Whoever welcomes one of these children
in my name, welcomes me.” – Jesus**



Mission Moroto is an orphanage in the country of Uganda, Africa. It is lead by Rebekah Bullen originally from Houston, Texas.

Rebekah has spent her adult life working in inner-city Los Angeles, Zambia, Rwanda, Colombia and Liberia ministering to children and in

2020 God blessed her with her own orphanage in Moroto, Uganda.

The orphanage is in a remote area of northeastern Uganda called Karamoja. The area is extremely desperate with starvation and disease being commonplace. By God's grace and the support of many brothers and sisters in Christ, Rebekah has carved out a safe place in this destitute region and is currently loving and serving 400 Karamojong orphans. Nearly every week Rebekah is blessed to rescue another child from imminent death. She also has been blessed to share the gospel with remote villages with wonderful response. Only heaven knows the impact that God has planned for this mission.



See www.missionmoroto.org for more information.

REQUIRED ITEMS CHECKLIST

- Passport and Driver License
- International Roundtrip Plane Ticket
- Online Uganda Tourist Visa (www.visahq.com) (Ugandan Law)
- Yellow Fever Vaccine Record (Ugandan Law)

SUGGESTED ITEMS CHECKLIST

- Malarone Malaria Preventative Prescription
- Typhoid Vaccination
- Travel Insurance (www.travelwithgallagher.com)
- Bible
- Backpack or Small Bag
- Summer Weather Clothing (Ladies should wear skirts/dresses to be respectful of Karamojong culture)
- Hoodie or Light Jacket, Comfortable Shoes
- Medications and/or other medical items
- Toiletries, Sunglasses, Hat, Sunscreen
- Personal Snack Foods
- Phone, Charging Cord, Voltage Converter/Adapter
- International phone data roaming plan. **No WiFi available at the mission.**
- Crisp \$100 dollar bills with no folds, tears, ink marks to exchange into Uganda Shillings (UGX) at the baggage claim area of the airport in Entebbe for souvenirs and such. (\$200 goes a long way there)

*Airline baggage requirements - 2 checked bags at 50 lbs max each and 1 carryon 15 lbs max per person.

ESTIMATED BUDGET +/- (PER PERSON)

DESCRIPTION	AMOUNT
International Airfare	\$ 2,000.00
Travel Insurance (www.travelwithgallagher.com)	\$ 140.00
Yellow Fever Vaccination (Required by Govt of Uganda)	\$ 200.00
Typhoid Vaccination (Highly Suggested)	\$ 200.00
Malarone Malaria Prescription (Highly Suggested)	\$ 40.00
Uganda Tourist Visa through VisaHQ (www.visahq.com)	\$ 120.00
In-Country Ground Transportation	\$ 100.00
Entebbe Hotel Entering Country	\$ 100.00
Missionary Aviation Fellowship In-Country Flight to Moroto	\$ 160.00
Missionary Aviation Fellowship In-Country Flight to Entebbe	\$ 160.00
Entebbe Hotel Leaving Country	\$ 100.00
Mt. Moroto Hotel	\$ 500.00
Souvenirs	\$ 180.00
Total	\$ 4,000.00

Purple items paid by attendee in advance

Red items paid by Mission Critical (Reimburse before trip)

Green items bring cash

THINGS YOU NEED TO KNOW

- The weather is sub-tropical which means temperatures range from 65 to 90 degrees year around. The area is semi-arid which means dry and warm.
- Uganda is known as the “Pearl of Africa” and has the best safaris in the world. Please let leadership know if you wish to add one of these to your trip.
- There is no wifi and very little cellular data service. However, with an international plan you should be able to connect with friends and family at home and share on social media.
- All electrical power tends to be solar power which means items that pull high wattage (curling irons, blow dryers, etc.) will not work. However, phones, tablets, and computers can be charged.
- Laundry must be hand washed. The diet is beans, rice, and fruit.

THINGS YOU DON'T NEED

- Expensive jewelry and clothing.
- Ladies shouldn't wear pants or shorts (cultural respect)
- No camouflage clothing
- No toy guns or knives

TEAM COMMITMENT FORM

- I affirm that I am a Christian who is consistent in my walk with Christ, faithful in my local church, supportive of my pastor and an active believer endeavoring to be an Authentic Christian Leader in my personal life. I will strive to present the highest moral standard before the team and residents (staff & children) of Mission Moroto.
- I recognize that the Director, Rebekah Bullen is responsible for all aspects of the mission under the direction of the Mission Critical International officers and will submit to her authority.
- I will be faithful to my assignments and will work with others on the team with a spirit of kindness, cooperation, unity, and love.
- I will pray for the team and residents (staff & children) and endeavor to serve and treat them as Christ would.
- I agree to the best of my ability to share meals with the residents of Mission Moroto. I understand that if I have other dietary needs, I will be responsible for providing for such.
- I will be respectful of the culture in which I am serving and will dress appropriately and interact with the opposite sex appropriately per the Bible and the culture.
- Like Jesus, I am coming to serve, not be served.

Signature _____ Date _____

Pastor's Signature _____ Date _____

SPIRITUAL PREPARATION

Pray

Ask God to prepare your heart to be ready to see and feel what He sees and feels so that you can better know His heart for the world. Ask Him to show you what He wants you to learn from all the things you will experience. Ask Him to reveal to you on the trip what He wants you to do as a result of what you see and feel.

Ask God to move mightily among the team and the people among whom we will be ministering that Jesus would bless us with His presence and His love will be poured out and lives transformed.

Study God's Word

God loves orphans...

Deuteronomy 10:18 "He executes justice for the orphan and the widow, and shows His love for the alien by giving him food and clothing."

Psalms 10:14 The unfortunate commits himself to You; You have been the helper of the orphan.

Psalms 68:5-6 A father of the fatherless and a judge for the widows, Is God in His holy habitation. God makes a home for the lonely;

Jeremiah 49:11 "Leave your orphans behind, I will keep them alive; And let your widows trust in Me." Hosea 14:3 "For in You the orphan finds mercy."

God defends orphans...

Deuteronomy 24:17 "You shall not pervert the justice due an alien or an orphan, nor take a widow's garment in pledge.

Psalm 10:17-18 O LORD, You have heard the desire of the humble; You will strengthen their heart, You will incline Your ear. To vindicate the orphan and the oppressed, So that man who is of the earth will no longer cause terror.

Psalm 146:9 The LORD protects the strangers; He supports the fatherless and the widow, But He thwarts the way of the wicked.

Proverbs 23:10 Do not move the ancient boundary Or go into the fields of the fatherless, 11 For their Redeemer is strong; He will plead their case against you.

God commands care for orphans...

Deuteronomy 14:29 "The Levite, because he has no portion or inheritance among you, and the alien, the orphan and the widow who are in your town, shall come and eat and be satisfied, in order that the LORD your God may bless you in all the work of your hand which you do.

Deuteronomy 16:11, 14 and you shall rejoice before the LORD your God, you and your son and your daughter and your male and female servants and the Levite who is in your town, and the stranger and the orphan and the widow who are in your midst, in the place where the LORD your God chooses to establish His name. 14 And you shall rejoice in your feast, you and your son and your daughter and your male and female servants and the Levite and the stranger and the orphan and the widow who are in your towns.

Deuteronomy 24:19-21 "When you reap your harvest in your field and have forgotten a sheaf in the field, you shall not go back to get it; it shall be for the alien, for the orphan, and for the widow, in order that

the LORD your God may bless you in all the work of your hands. "When you beat your olive tree, you shall not go over the boughs again; it shall be for the alien, for the orphan, and for the widow. "When you gather the grapes of your vineyard, you shall not go over it again; it shall be for the alien, for the orphan, and for the widow.

Deuteronomy 26:13 "You shall say before the LORD your God, 'I have removed the sacred portion from my house, and also have given it to the Levite and the alien, the orphan and the widow, according to all Your commandments which You have commanded me; I have not transgressed or forgotten any of Your commandments.

Job 22:9 "You have sent widows away empty, And the strength of the orphans has been crushed.

Psalms 82:3 Vindicate the weak and fatherless; Do justice to the afflicted and destitute.

Isaiah 1:17 Learn to do good; Seek justice, Reprove the ruthless, Defend the orphan, Plead for the widow.

Jeremiah 7:5-7 "For if you truly amend your ways and your deeds, if you truly practice justice between a man and his neighbor, if you do not oppress the alien, the orphan, or the widow, and do not shed innocent blood in this place, nor walk after other gods to your own ruin, then I will let you dwell in this place, in the land that I gave to your fathers forever and ever.

James 1:27 Pure and undefiled religion in the sight of our God and Father is this: to visit orphans and widows in their distress, and to keep oneself unstained by the world.

God opposes harm of orphans...

Exodus 22:22-24 "You shall not afflict any widow or orphan. "If you afflict him at all, and if he does cry out to Me, I will surely hear his cry;

and My anger will be kindled, and I will kill you with the sword, and your wives shall become widows and your children fatherless.

Deuteronomy 27:19 'Cursed is he who distorts the justice due an alien, orphan, and widow.' And all the people shall say, 'Amen.'

Job 6:27 "You would even cast lots for the orphans and barter over your friend.

Job 24:3, 9 "They drive away the donkeys of the orphans; They take the widow's ox for a pledge. 9 "Others snatch the orphan from the breast, And against the poor they take a pledge.

Psalms 94:6 They slay the widow and the stranger and murder the orphans.

Isaiah 1:23 Your rulers are rebels And companions of thieves; Everyone loves a bribe And chases after rewards. They do not defend the orphan, Nor does the widow's plea come before them.

Isaiah 10:2 So as to deprive the needy of justice And rob the poor of My people of their rights, So that widows may be their spoil And that they may plunder the orphans.

Jeremiah 5:28 'They are fat, they are sleek, They also excel in deeds of wickedness; They do not plead the cause, The cause of the orphan, that they may prosper; And they do not defend the rights of the poor.

Jeremiah 22:3 'Thus says the LORD, "Do justice and righteousness, and deliver the one who has been robbed from the power of his oppressor. Also do not mistreat or do violence to the stranger, the orphan, or the widow; and do not shed innocent blood in this place.

Ezekiel 22:7 "They have treated father and mother lightly within you. The alien they have oppressed in your midst; the fatherless and the widow they have wronged in you.

Zechariah 7:10 and do not oppress the widow or the orphan, the stranger or the poor; and do not devise evil in your hearts against one another.'

Malachi 3:5 "Then I will draw near to you for judgment; and I will be a swift witness against the sorcerers and against the adulterers and against those who swear falsely, and against those who oppress the wage earner in his wages, the widow and the orphan, and those who turn aside the alien and do not fear Me," says the LORD of hosts



For questions please call:

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The Particular Vulnerability of the Karamojong People

Missionaries serving in Karamoja must recognize that the Karamojong people live within layers of historical, economic, educational, and social vulnerability that magnify power imbalances between missionaries and program recipients.

1. Historical and Structural Vulnerability

The Karamojong have endured decades of:

- Chronic poverty and food insecurity
- Displacement, disarmament, and conflict
- Limited access to formal education
- Marginalization within national and regional systems

As a result, missionaries are often perceived not merely as helpers, but as gatekeepers to survival, opportunity, and hope.

2. Economic Dependency

Many program recipients depend on mission organizations for:

- Daily food or nutritional support
- School fees, uniforms, and supplies
- Medical access
- Housing, protection, or sponsorship

This dependency creates implicit pressure to please, comply, or remain favorable to those in authority. Any romantic or sexual advance—explicit or implied—can never be considered free or consensual under such conditions.

3. Educational and Power Asymmetry

Missionaries typically possess:

- Higher education and literacy
- Language fluency (English, Swahili)
- Access to technology, travel, and networks

Meanwhile, many Karamojong—especially women and youth—have limited formal education and limited exposure to external systems. This imbalance makes manipulation, even if unintended, dangerously easy.

4. Gender and Cultural Pressures

In Karamoja:

- Young women may face intense pressure to marry early
- Bride price and marriage negotiations can be misunderstood by outsiders
- Deference to elders, leaders, and authority figures is culturally ingrained

A missionary's attention may be interpreted as destiny, favor, or divine selection, even when no such intent exists. Missionaries must never exploit or romanticize these dynamics.

5. Spiritual Authority and Theological Influence

Missionaries are often viewed as:

- Teachers of God's Word
- Spiritual parents or mentors
- Representatives of a "higher" spiritual knowledge

Using spiritual language, prayer, prophecy, or "God told me" claims in relational contexts constitutes spiritual abuse and violates both Christian ethics and safeguarding standards.

6. Moral Responsibility of the Stronger Party

Scripture consistently places responsibility on the one with greater power:

"If you cause one of these little ones to stumble, it would be better for you to have a millstone hung around your neck." (Matt. 18:6)

Missionaries bear the greater moral burden, regardless of intent, attraction, or cultural misunderstanding.

7. Policy Implication

Because of these vulnerabilities:

- Romantic or sexual relationships with program recipients are categorically prohibited
- Apparent consent is never sufficient
- Missionaries must actively guard against emotional dependency

- Extra caution, transparency, and accountability are required in all relational interactions

This policy exists not to restrict love, but to protect dignity, prevent harm, and preserve the integrity of the gospel among the Karamojong people.